From the Principal’s Desk

Dear Parents and Friends of OPS;

Prep Transition Day 15th September
Yesterday was the first transition session for our new Preps for 2017. It was very encouraging to see how excited our new Preps and parents were for their first session in our school. Rebecca Andrew and Julian De Zilva ran the first session with our new Preps who enjoyed some fun activities taking home lots of glitter and play dough. Our next transition day is Thursday 20th October from 12:00pm to 1:15pm and we look forward to seeing all of these new students again. Any current families who have not yet enrolled their 2017 Prep students are encouraged to do so as soon as possible.

State School Spectacular
What a wonderful experience our 16 Year 5 and 6 students had performing with 1500 other students at the State School Spectacular last Saturday. The many hours these students spent rehearsing all year came together beautifully on the day. Yolande Kerin spoke at assembly this morning about how proud our students made her feel with their dedication to performing well and their excellent behaviour throughout the event. It is very wonderful to hear what great representatives of our school these students are.

I would also like to acknowledge the commitment Yolande Kerin, Mel Vogrig and Kim Morris gave to ensuring our students were well prepared and able to be a part of this great event. It takes many ours of preparation and organisation by staff so thank you to all of you.

SSV Cardinia Division Athletics Carnival
Unfortunately the weather caused the postponement of the Division Athletics carnival this week. Our students who have qualified for this event will have the opportunity to compete in their events next term in week 1.

Letter from the Department
Please find attached to this newsletter a letter from the Department of Education encouraging safe travel these holidays in light of the heavy rainfall that has occurred throughout Victoria during the past week.

Have a safe and enjoyable term break, we look forward to seeing everyone in Term 4.

Regards
Paula Spiers
Acting Principal
SUBWAY LUNCHES
Our next subway lunch is Wednesday 12th October 2016. Please remember to have orders into the office by 9.00am

HEADLICE
These nasty bugs have been hanging around the school for a while now. Over the holidays please take the time to check your child/ren hair. It is very frustrating when they keep coming back. Remember that the hair needs to be re treated after 7 days of the original treatment. Please read attached information sheet on how to check and treat the hair.
Dear Parents

As the school holidays are approaching, you may have plans to travel on Victoria’s roads. Significant rain is expected to fall over much of Victoria over the next few days, which may result in flooding.

Because of this rainfall, there is an increased risk to those travelling on our roads, and it is possible that houses across the State may be impacted as well.

I urge you to heed the following advice from emergency services:

- You should never drive through floodwater – it only takes about 15 centimetres of water to lose control of your vehicle.

- Drive to the conditions around you and be aware of road hazards such as mud, debris, damaged roads and bridges.

- Roads in your area could be damaged by the bad weather so plan your journey and monitor VicTraffic for road condition updates and any road closures, see: Vic Traffic

- Never swim, walk or play in floodwater, it is dangerous and may contain hazardous debris or toxins.

- If your property is at risk of flooding, please raise belongings onto tables, benches or beds and if you are on a farm, consider moving your livestock to higher ground.

- Remain informed with emergency broadcasters to ensure you are up-to-date with the latest conditions and if possible, make sure your neighbours are aware of the situation. For more information, see: Vic Emergency

Many thanks, and have a safe and enjoyable holiday break.

[Signature]
Principal
What's On

LITERACY
We have worked really hard to become accurate readers using the Café strategies- Eagle Eye, Lips the Fish, Stretchy Snake, Chunky Monkey, Flippy Dolphin, Skippy Frog and Tryin’ Lion. Keep practising these on the holidays.

MATHS
We have been working hard on addition and subtraction strategies.

INQUIRY
We had lots of fun finishing our balloon-powered cars.

Weekly Timetable
Swimming
Timetables are in today’s newsletters—remember to have a practice getting changed quickly on your holidays.

Junior Sport – We will be restarting this again on Fridays in term four so remember to wear your hose colours.

Happy Holidays!!!

Reminders
ZOOPER DOOPERS-Keep a look out for notices coming about Zooper Dooper days next term.
BREAKFAST CLUB – Tuesday and Thursday – Booking folder is located in the office. Breakfast Time is strictly from 8:30 a.m. to 8:50 a.m. Please attend if you have booked in as this helps with catering.
Congratulations to all those students involved in State School Spectacular (sadly the photo is missing Calina as she was sick for the final performance). All the students worked extremely hard to learn all the dances and performed so well on the night.

The senior students have worked hard all term and are looking forward to a well-earned rest over the holidays. Students have spent this past week working hard to complete work such as their Travel Projects, Black Out Poetry and summaries of their class texts.

BC and NP have been working hard to complete the Recycled Plastic Challenge and complete their literacy work.

All the senior staff wish everyone a safe and happy holidays.
The Aussie of the month for August is Abbey. Abbey has displayed many qualities expected of an Aussie of the Month. She is a kind and conscientious student who strives to achieve her personal best in all challenges she faces. Her diligent and positive nature ensures that she can achieve any endeavour. Abbey is an excellent friend and is always willing to help her classmates. She is a wonderful asset to the Officer School Community and is a deserving recipient of our Aussie of the Month award.
"You Can Do It" Term 3

Congratulations:

Prep LP: Jensen
1/2 JDZ: Samantha
1/2 JD: Sophie
2/3NP: Ashley
4/5AW: Rebekah
ART: Stuart 1LH
PE: Cruz 2/3NP

Prep RA: Atharv
1/2 LH: Ashlyn
1/2 DM: Molly
3/4BC: Monique
5/6YK: Callum
ICT: William 1/2 DM
Congratulations
Students of the week

Prep KS
River: for trying so hard with your writing and being persistent even when it was hard!

Prep RA
Jasper: for perseverance in sounding out and writing new words with correct size and formation to improve his own learning intentions.

1 JDZ
Seline: for fantastic effort and enthusiasm in the classroom! You always approach every task with a positive attitude. Keep it up!

1 LH
Cody: for always trying to do his best work in class. Great effort!

1/2 JD
Thomas: for showing great improvement in his writing. Well Done!

1/2 DM
Lucy: for excellent effort with your poetry writing and an improved effort with your spelling.
2/3 NP

Aliyah: for being a “quiet achiever” and always completing tasks to the best of her ability.

3/4 BC

Nicholas B: for coming First place in the Olympic Project. You completed the most tasks. Well Done!

4/5 AW

Jack L: for his exceptional work during our Maths sessions and his fabulous participation when working in teams to solve worded problems.

5/6 YK

Jared: for stepping up and being responsible when working with the preps. Great Work!

Ayesha: for always willing to help others without being asked. Well Done!
Congratulations
Students of the week

Prep KS
Optimus Prime: for being such a good learner and being super organised. Always ready to learn.

Prep RA
Ruby: for continually immersing herself in her learning in all subjects in a positive and enthusiastic manner.

1 JDZ
Ryder: for putting amazing effort into your practise of sounds and spelling. Great Work!

1 LH
Summer M: for improved listening in class. Keep up the great work! Well Done!

1/2 JD
Evie R: for working hard and showing great progress in all areas! Well done!

1/2 DM
Blake: for improved handwriting this week. Well Done!

2/3 NP

Mia: for always persisting and having a go!

3/4 BC

Chloe C: for a huge improvement in Mathematics.

4/5 AW

Kristian: for his wonderful journal writing and illustrations. Keep up the good work.

5/6 YK

Libby: for using your time well to complete all term tasks. Well Done!
Parents & Friends News

The Great Australian Survivor Challenge is coming to Officer Primary School.

This week the Survivor A-thon sponsorship forms were sent home. We are asking students to seek sponsorship to participate in a range of activities that Miss C is busy organizing. The activities and special challenges will be loosely based on the TV show Survivor and will include physical activities as well as puzzles. We are very excited to be running this activity and I’m sure the students will really enjoy the challenges. The date of the event is yet to be confirmed but will be run in November.

Over the holidays students can gain sponsors with the highest fundraising student winning an MP3 player and highest fundraising class will win a class party. Children that participate can also select form the prizes in the flyer sent home.

All forms and monies are due back by 9am Friday 14th October. If you did not receive your form, more are available from the office.

Hot Dog Lunch

Thank you to the parents who volunteered their time today to make sure the students had their traditional footy day lunch. I’m sure all the students enjoyed the special treat.

130 Year Celebration

Our 130 Year Celebration that was unfortunately cancelled earlier in the year due to the bad weather has now been rescheduled to Friday 21st October. This event will run from 3.30pm to 6.30pm and include some old fashioned activities for the kids, historical society display, a BBQ with sausages and drinks for sale and a special birthday cake. If any parents would like to help out with either the BBQ or activities, could you please contact the office.

Thank you to the school community for their support of the Parents & Friends activities this term. We hope everyone has lots of rest, relaxation and stays safe over the holidays.

Melissa Ball

Parents & Friends President.
PE/SPORT NEWS

Important Sporting Dates Term 4:
- Swimming Program
  Week 1: Tue 4/10, Wed 5/10, Thur 6/10, Fri 7/10
  Week 2: Mon 10/10, Tue 11/10, Wed 12/10, Thur 13/10
- Division Athletics - Wednesday, 5th October
- Officer District Summer Lightning Premiership - Friday, 14th October
- Grade 5/6 T20 Blast Cricket - Friday, 28th October
- Grade 3/4 T20 Blast Cricket - Friday, 18th of November

SWIMMING PROGRAM
Our Swimming Program is fast approaching! Notices have been sent home today with last bits of information regarding swimming times and what students will need to bring. In the upcoming holidays, it would be great if all students could have a practice of changing in and out of swimwear into school uniform and packing their bags appropriately as we have limited time after lessons to get ready and be on the bus.

DIVISION ATHLETICS
Due to weather conditions, the Division Athletics was postponed to Wednesday the 5th of October. Here’s hoping for warmer weather in Term 4!

JUMP ROPE FOR HEART
CONGRATULATIONS to Izobel M and Rylan H who both raised $21.30 each for Jump Rope for Heart. I’m so impressed and proud of you both. Well done legends!!
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While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice
Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice
Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can’t be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

Step 1 Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

Step 2 Now comb sections of the hair with a fine tooth, head lice comb.

Step 3 Wipe the conditioner from the comb onto a paper towel or tissue.

Step 4 Look on the tissue and on the comb for lice and eggs.

Step 5 Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice
Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under ‘finding head lice’) every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person’s eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.
Testing resistance
Head lice products belong in one of the following categories depending on the active compound they contain:
- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (malathion or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice eggs
Head lice eggs are small (the size of a pinhead) and oval. A live egg will ‘pop’ when squashed between fingernails. Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations
According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children’s service centres after treatment has commenced. The department recommends a child with head lice can be treated one evening and return to school or children’s service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice
Check your child’s head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information
The following website offers further information: www.health.vic.gov.au/headlice

The life cycle of head lice
Pediculus humanus capitis

The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

The concept of the cover is from students of St Patrick’s Primary School, West Geelong. Life cycle diagram courtesy of Nipickers Otd. © Copyright Department of Health 2010. Authorised by the State Government of Victoria, 50 Lonsdale Street, Melbourne. November 2010. PH498 (1010013)